

Black cumin seed oil

Nutritional Information	Typical value per 100g
Energy	3700kj/ 745 kcal
Total Fats	91 g
of which saturates	20 g
of which monounsaturates	20 g
of which poly-unsaturates	55 g
of which trans fats	< 0.5 g
of which cholesterol	< 2.5 g
Carbohydrate	0 g
Protein	0 g
Salt	0 g

Principal constituents

Palmitic acid	6-16 %
Stearic acid	1.5-8 %
Oleic acid	15-28 %
Linoleic acid	25-65%